

# Vision Fort

## AUGUST'23



### Monthly E-Bulletin of Rotary Club of Nagpur Fort, RID 3030

**RI President: Gordon R. McNally**

**District Governor: Asha Venugopal**

**Club President: Jayant Warankar**

**Club Secretary: Pramod Misal**

**5<sup>th</sup> August, 2023**



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## I STAND BEFORE YOU

 P. Rtn. Jayant Warankar

During one of my regular visits to the Interact Schools, I stumbled upon a shocking information. The Principal of one of the schools revealed that last year, during a health check-up camp, they came across 5-6 pregnancies.

This is shocking, since the age group was between 14 and 18. Adolescent age.

This is the age to pursue studies and career. Reality is different. In schools, the situation is alarming. These premature pregnancies indicate that adolescent girls and boys are indulging in physical relationships. This destroys the girl's life. Their parents must face an embarrassing situation in society. Many a times the whole family is targeted among friends, relatives and society.

But, the question remains as to why this happens. This is beyond our imagination and against our values. No doubt, this should not happen. This should stop. But how? The solution and the reason eludes us.

The internet and social media add fuel to the fire. Curiosity and the urge to experience the not so talked about topic takes the front seat. Busy parents and easy access to such material makes it easier.

To curtail all this, it becomes very necessary to educate the children. We need to open up and talk freely with them.

I think so....do you?



## **AT THE HELM OF RCNF**

**(2023-24)**

**President:** Jayant Warankar

**President Elect:** Capt. Devikant Naranje

**Vice President Administration:** Ram  
Nakkanwar

**Vice President Special Projects:** Dr.  
Shivkumar Chauhan

**Secretary:** Pramod Misal

**Joint Secretary and Anns Committee**  
**incharge:** Devayani Tak

**Treasurer:** Cmde.Uday Chitnavis

### **Directors**

**Club Admn, Services and Membership:**

Sanjeev Deshpande

**Medical:** Vaishali Barai

**Non-Medical:** Vinay Saraswar

**Vocational Services and New Generation:**

Ammol Walke

**Youth Services:** Ashish Bhisey

**International Services and TRF:** Anil Jaiswal

**Public Relations and Image:** Capt. Milind  
Hastak

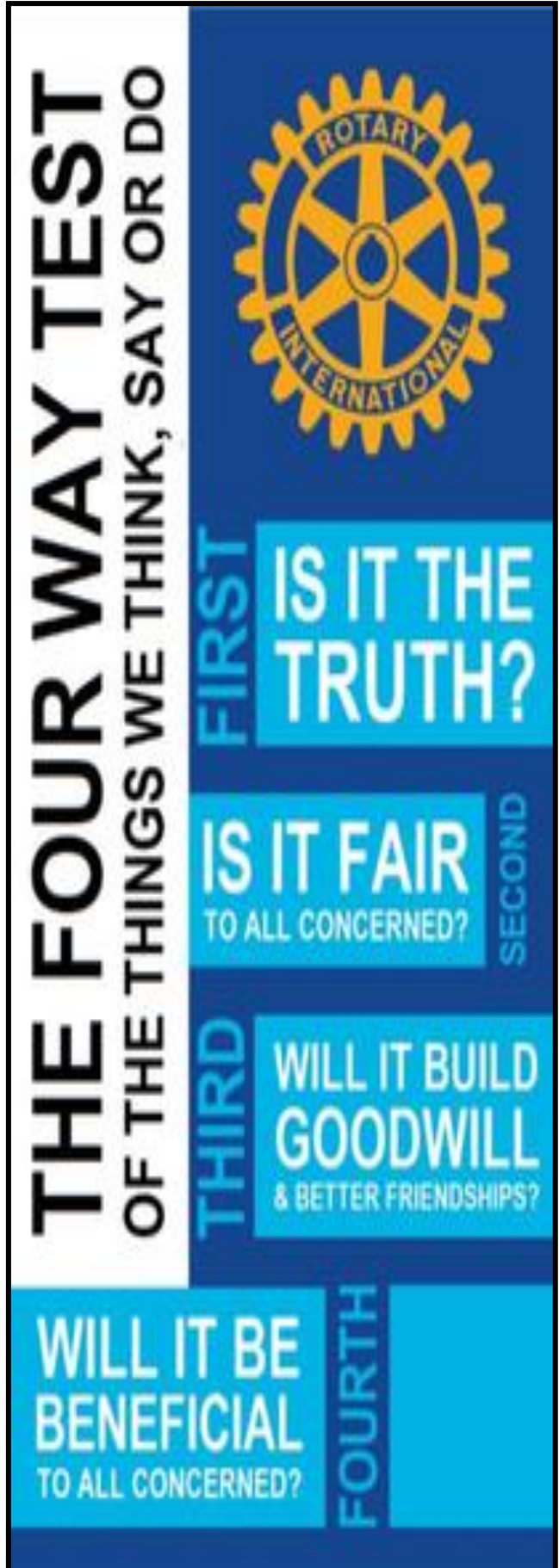
**Sports:** Abhay Kshirsagar

**IPP:** Dr. Suresh Bhake


**Sergeant at Arms:** Madhav Kukday

**Advisor:** Suresh Baiswar

**Trainer:** CA. Mahesh Chandak



## ***From the Editor ...***

 PP. Rtn. Vaishali Barai

Welcome to the month of August. The month designated to membership growth and new club development.

Accordingly, we have already installed two Interact clubs and will be installing one more soon. Three new members have also been added to our RCNF family.

One new Rotaract club will be formed and the old one will be installed soon. That is growth...touch wood.

This Vision Fort includes an article about Conjunctivitis, keeping in mind that it is spreading fast. Nidhi Baiswar's experience of her first visit to India, after her marriage, is a very beautiful read. Celebration of Mukesh's Birth Centenary brings forth the highest level of hospitality. This is an example of a good fellowship meet of Rotarians, Anns and Non-Rotarians.

A new feature starting from this issue is the question answer, Kuch Prashna Rotary Ke. Answer fast and right and win a prize at the end of this Rotary year. Time to freshen up our knowledge of Rotary.

'I stand before you' brings you face to face with harsh reality.

The role of Caring Guardian Parent in project Inspire has been explained aptly. More volunteers are needed for this project.

The flashback to the past takes you on a journey through difficult times and compels you to skip a heartbeat.

Know more about our DG, Rtn. Asha Venugopal and AKS in

Relax and enjoy Vision Fort!

Happy Reading.....



## ASHAJI AND AKS

✍️ PDG. Rtn. Vishwas Sahasrabhojane



Asha Venugopal, the 1st lady Governor of our RI District 3030 was duly installed as DG in a gala ceremony at Nasik on 1st July 2023. A member of Nasik Grape City since 2011, she has bagged many awards at District level including the coveted Centennial Governor Vishwas Sahasrabhojane trophy for outstanding Lady Rotarian of

the District in 2017. On day 1 of her Governorship, she joined the Elite group of donors contributing to The Rotary Foundation by donating a whopping sum of USD 2,50,000/ (Rs 2.05 crores) and became AKS, i.e Arch Klumph Society member.

Arch Klumph, a former President of The Rotary International, is known as the founder of Rotary Foundation. He started TRF, world's biggest foundation today, way back in 1917 by donating surplus of USD 26.5/- from that year's international convention.

Named after the sixth president of Rotary, the Arch Klumph Society recognizes The Rotary Foundation's highest tier of donors — those who have contributed \$250,000 or more during their lifetime.

Membership in the Arch Klumph Society is lifelong. Each member has the opportunity to have his or her portrait placed in the Arch Klumph Society Gallery, located on the 17th floor of Rotary International World Headquarters in Evanston, Illinois, USA. Portraits are etched on glass plaques to create a stunning display of our Foundation's most valued supporters.

Members will also have their profiles included in an interactive display, plus receive pins, pendants, and several other benefits commensurate with their generosity.

## JULY PROJECTS AT A GLANCE

 P. Rtn. Jayant Warankar

Hello Friends,

Rotary new year starts from 1<sup>st</sup> July. New body takes over and their tenure ends on 30<sup>th</sup> June. Naturally this cycle is applicable to all teams in Rotary.

We, as a team started the new year on 2<sup>nd</sup> July, of course, with installation of new team. Dist. Governor Nominee Rtn. Dnyaneshwar Shewale was the chief guest. 2 new Rotarians inducted in the club. They are, Rtn. Rajendra Patil and Rtn. Bhushan Wandile. Total 50 people attended the function. It was a neat, clean and sweet function.

We started our projects from July itself.

On the 9<sup>th</sup> we went to Ganesh Tekadi Temple to seek Lord Ganesha's blessings.

On 10<sup>th</sup> July we held a tree plantation at a farm 20 KM away from Nagpur. We chose the farm with an intention that the planted trees must be taken care of. All the plants should survive and become trees. This responsibility accepted by the farm owner couple, Rtn. Devikant and Ann Asha Naranje.

It was planned that installation of Interact clubs in schools will be done in July. Accordingly, on 14<sup>th</sup> July we had installation of Interact Club at Smita Patil School at Mahadula, Koradi. The new Interact Committee members planted trees before they were installed.

On 20<sup>th</sup> July we had 2<sup>nd</sup> Interact Club Installation at Navyug Vidyalaya, Mahal.

On 21<sup>st</sup> July our 1<sup>st</sup> fortnightly meeting. V.P and Director Rtn. Shivkumar Chauhan presented a novel project. It was sickle cell project.

In July we started a new project 'Caring Guardian Parent' project with 'Inspire', Children Hospital run by Rtn. Dr. Viraj Shingade.

Planning to start our ongoing project Prerana was also carried out.

*It is time to quit seeking new members for Rotary and instead work to make Rotary an organization others WANT to join - Gary Huang*

## INSTALLATION

✍️ PP. Rtn. Capt. Milind Hastak

Date: 2<sup>nd</sup> July'23



Installation of New Team of Rotary Club of Nagpur Fort took place on 02 July at 7 pm in Golden Leaf Banquet Hall in Trimurti Nagar Nagpur.

Rtn Jayant Warankar took over as the new President and Rtn Pramod Misal as the new Secretary.

Rtn. Suresh Bhake

who was the President in the previous Rotary Year gave away various Club awards and Presidential Citations. Past President Rtn. Vaishali Barai bagged the Shreehari Chava Rolling Trophy for Best Rotarian for the Rotary Year 2022-23.

Rtn Dyaneshwar Shewale, District Governor Nominee 2025-26, was the Chief Guest on the occasion.

The new team installed by President Rtn. Jayant Warankar.

Two new members Rtn. Rajendra Patil and Rtn Bhushan Wandile were inducted by Chief Guest on this day.

Rtn. PP Mahesh Chandak and Rtn Devyani Tak were the MOCs on the occasion.

Secretary Rtn. Pramod Misal Proposed the vote of thanks and the meeting was adjourned by President Rtn. Jayant Warankar.



## DGN RTN. NANA SHEWALE'S ADDRESS

✍️ PP. Rtn. CA. Mahesh Chandak

✍️ JS. Rtn. Devyani Tak

The first major event of the year for every Rotary Club is the installation ceremony of the President, Secretary and their team. This year, RCN Fort's installation ceremony was held on 2<sup>nd</sup> July at the Golden Leaf Banquet. The chief guest for the function was DG Nominee Rtn. Nana Shewale. As with all the past District Governors, it was a treat to listen to DGN Shewale.

After the introduction of the DGN by the dynamic Assistant Governor Rtn. Ashok



Chandak, Rtn. Shewale addressed the gathering. In this speech, he appreciated the new President Rtn Jayant Warankar. He expressed confidence that Rtn Warnkar's 37 years of experience as a banker will undoubtedly help him a lot in fulfilling Rotary goals during his tenure. The passion that Rtn. Warankar had for his job would also be seen in the execution of his duties as President of the Club.

DGN Shewale emphasized passion and creativity as the backbone of Rotary. He said that the President would need to do the roles of both a blacksmith and a goldsmith – tough and hard-hitting at certain times, and delicate and gentle at others.

The DGN was all praises for the work done by IPP Rtn. Suresh Bhake during his tenure, especially Projects Prerna and Sneh Jyoti. He said that working with other NGO's is welcome step for any Rotary Club, as the goal is common – service to society. The DGN later praised RCN Fort for getting the RI Citation. He spoke at length about the Rotary 4 Way Test and drew an analogy to human values. The four core human values, he said, are health and energy, love, gratitude and appreciation, and kindness and compassion. He said that Rotary projects are directed towards these four values. As regards health, he said that Rotary District 3030 is conducting a lot of major health projects, with proper emphasis on mental health.

The installation ceremony went off very smoothly. The MOC's – Rtn. PP CA Mahesh Chandak and Rtn. Devyani Tak - did a wonderful job. The ceremony was followed by personal bonding during fellowship and dinner. The function got very good coverage in the print media. A clipping of the same is being shared in the previous page, and it covers more details about the event.



## PROJECTS IN PICTURES



Darshan & Pooja at Ganesh Tekadi Mandir on beautiful rainy day, the 9<sup>th</sup> of July'23.

Prasad was distributed at the Mandir.

Then had fantastic fellowship at Uttar Dakshin Restaurant sponsored by Rtn. Jayant Warankar.



President, Secretary, Joint Secretary, members and Anns of RCNF planting trees at Rtn. Devikant Naranje's Farm, on the 10<sup>th</sup> of July'23. Breakfast was sponsored by Rtn. Naranje.



Tree Plantation and Installation of Interact Club at P. Smita Patil School on the 14<sup>th</sup> of July 23.



President and Secretary of Interact Club at Navyug Vidyalaya being inducted by President and Secretary of RCNF on the 20<sup>th</sup> of July'23.



First meeting of RCNF team 23-24 where Rtn. Dr. Shivkumar Chauhan addressed the gathering on the 21<sup>st</sup> of July'23.

## CARING GUARDIAN PARENTS

 Ann Smita Hastak


Mobile was ringing. It was 9 at night. I was watching my favourite program ' Black and White ' on Aaj Tak TV channel. The call was from Vaishali Barai, Past President, Rotary Club of Nagpur Fort. ' You are calling so late. Hope all well '. I enquired. 'All fine ' she said. ' I wanted to request you for some assistance. ' She explained to me Dr. Viraj Shingade's Project in which he is selflessly working for corrective surgeries of handicapped children from remote areas. The children and their parents are quite depressed and Doctor is giving them new hope and bringing smile on their faces. This Project ' Inspire' has started wef 10 July 2023 and will end on 04 August 2023. The children will come through health check-up camps from different places. The sponsorer for this Project is ' Aalambana Foundation' which is the brainchild of Past President Rtn. Dr. Sreehari Chava.

I asked her ' What will be my role in this Project? ' She said ' you will become Caring Parents for some of these Children'. 'What does this mean and please explain my role in detail' I said. What She explained was to my liking. I got interested immediately. I was required to welcome children with disability and their parents upon arrival in the Hospital. I was required to get more acquainted with them by informally interacting with them and distributing sweets. After their Surgery I was required to be in touch with them and get their queries and inform the Surgeon. As a matter of fact, my role was to act as a buffer between them and the Surgeon. I readily accepted the opportunity given to me.

I was required to be Parents of 7 children and I was very eager to meet all of them but to my surprise there were only 3 children with their Parents. I distributed sweets to them. The children were smiling and unaware of their health issues. I got into a friendly conversation with their Parents. Since I was from Village background, I could interact with them freely. I met them on 2nd day after their operation and we became friends soon. On 5th day they were discharged from Hospital. I helped them with all the queries they had at the time of discharge. These children have gone back to their Villages and we are in constant touch with each other. The children will get back for review after one month and will undergo Physiotherapy which will be an important part of their recovery and rehabilitation. I need to ensure that they are regular in their Physiotherapy sessions. Caring Parents play an equally important role as their biological Parents.

This responsibility has been taken up by Rotary Club of Nagpur Fort and I consider myself fortunate of being part of this organization. One learns a lot from this entire process. If we are successful in reducing their worries during this process then I suppose our intervention is fruitful. I requested Vaishali to give more such opportunities to serve the Society. I request maximum lady Rotarians and Rotary Anns to come forward and contribute for this noble cause.

## MUKESH'S BIRTH CENTENARY

 Rtn. Veena Khandekar



22nd of July, 2023 was Birth Centenary of Great Singer & Great Human Being, Late Mukesh Chand Mathur "Mukesh". PP Rtn Captain Milind Hastak is a great fan of Mukesh. Every year he organizes events, like quiz or concerts on Mukesh's birth anniversary.

This year being centenary year, PP Hastak conceptualized and organized a grand musical event on 22nd of July at his residence. It was a joint venture by Music Group of RCNF & Swanand Music Group.

Many singers from RCNF and Swanand took part in the event and sang melodious songs of Mukesh, with help of Karaoke tracks. All the singers and listeners became nostalgic because of rendition of old songs, which were part of memories of our past, especially our childhood.

Every singer sang two songs. There were about 30 songs in all interspersed with anecdotes about the Great Soul. We all remembered him as a great and gentle human being. All songs were videotaped and shared in various groups. There was a photo session too.

The singers included PP Rtn Milind Hastak, Club President Rtn Jayant Warankar, PP Rtn Mahesh Chandak, Rtn Capt Devikant Naranje, Rtn Ramkrushna Nakkanwar, Rtn Veena Khandekar, Rtn Maneesh Gupta, Ann Shubhada Gurjalwar, Ann Vibha Nakkanwar & Monami Hastak of RCNF and Vaishali Pawse, Dilip Rapate & Deepa Rapate of Swanand.

The rendition was followed by nice fellowship and sumptuous dinner. The Hastaks, PP Milind, Ann Smita & Monami were magnanimous hosts. Every person present enjoyed the proceedings. It was truly a memorable event.

## KNOW OUR NEWCOMERS

### Mr. Rajendra Patil

Mr. Patil was born on the 13<sup>th</sup> February 1955. After completing his B.Sc. and CALLB, he joined State Bank of India on 1<sup>st</sup> January 1979 at Akot in Akola District. He retired on 28<sup>th</sup> February 2015 from Industrial Finance Branch of SBI, Pune as AGM (International Banking). Post retirement, he continued to work with SBI on contract basis for about 4 years. He completed his LLB in 2021 from Nagpur University. He is presently doing MA (Hindu Studies) from Kavi Kulguru Kalidas Sanskrit University. Mr. Patil's better half, Anagha, is a home maker. They are blessed with a daughter who is in Bangalore and works as a teacher, and a son who has his own investment consultancy and forex advisory firm by the name of Vaspro in Pune.

### Mr. Bhushan Wandile

Mr. Wandile is a 32 years old dynamic, self-made young man. A graduate, he hails from Wardha district. Mr. Bhushan is a property dealer, building his business right from scratch. Today he is a well-known figure in the real-estate business. Mr. Bhushan is married to Manju, who is a home maker. They are proud parents to two lovely little daughters who are in the 4<sup>th</sup> standard and nursery respectively.

### Ms. Ujwala Kakde



My name is Ujwala Kakde. My category is Real Estate. My company's name is Walke's Happy Homes. I am working in the company since last thirteen years. I love to talk to people and make friends.

I have two children elder child name is Ansh... doing NDA training from Prahar Academy and my younger daughter's name is Santoshi. She is in class 7 in Mount Carmel Girls School....

## UNTIL NEXT TIME..!

 Annet Nidhi Baiswar, London UK

Last month David and I visited Nagpur after four years and what a massive change we have seen. The city has changed in a good way! New restaurants, shops, flyovers, metro, painted murals everywhere, more cars and even more two wheelers!

After I left home in 2000 to study in Mumbai; I have always enjoyed coming back to Nagpur - whether it was for a long weekend, study leave; summer, Diwali or Christmas holidays! When I started living abroad, coming back to Nagpur became a novelty, an event I always anxiously looked forward to!

This time was an impromptu flying visit before we got busy with something else. It was short but filled with action, events, emotions and sweet memories.

There were many firsts in this trip - first time after David and I got married, first monsoon experience for David, first time in many years meeting extended Rotary family and not to forget - the first time Dad had an injury that needed stitches!

The first day was spent calming the universe down with the ancient Vedic ritual, Satyanarayan Katha; praying for the happiness and good health of all human beings and more importantly cleansing our thoughts and home with positivity. David loved wearing his kurta pyjama and taking part in the Puja. The Pundit also enjoyed it so much that Dad had to ask him to speed up towards the end!

After absorbing the power of positivity in our lives, a safari was planned; after all we were in Nagpur - the tiger capital of India and we needed the universe on our side to spot a tiger in the buffer zone of Pench National Park!

And it seemed like we had impressed the gods and the universe. On our safari, despite getting soaking wet in the heavy rains whilst we were in the open jeep, getting stuck on the muddy jungle roads twice where we needed others to help us get out of the ditch, lots of umms and aahs later; we spotted the big cat who stared at us for a good fifteen minutes and then walked to a better spot to sit and relax. It was a great experience for all of us.

I am convinced it was the Satyanarayan Katha that helped, but David disagrees. He wants to take the credit for he has always shared a great relationship with cats and had 100% success rate in spotting a tiger in his safari trips.



We stayed in a glamorous tent at Tuli's Pench resort - highly recommend it! Spending time with mum and dad, playing a bit of table tennis in the evening and the delicious food were just a few of the many things we enjoyed.

Following day we had a dinner together with family and friends. David was really thrilled to meet everyone and finally put faces and names to all of the stories I tell him. He did find it quite confusing that everyone's name was aunty and uncle, but we made it work. He promises that next time he will be able to say a few words more than 'Aap kaise ho?'

It was terrific to see everyone after such a long time - Dr. Sreehari Chava uncle and Manik aunty looked their best; Dr. Dharmaraj Tidke uncle and Meena aunty looked like they hadn't aged at all; Vishakha Rao aunty with her lovely smile and later I met CMDE Gopal Rao uncle at their residence and as always had a great conversation over a cuppa tea! I remember attending the first installation ceremony of our Rotary Club Nagpur Fort in 2001 and also recall the drive and energy everyone shared. Our club has come a long way and I get to hear some fantastic stories from dad every now and then. It feels great to be a part of the Rotary Club Nagpur Fort family.

We spent the last few days meeting more friends and family, eating lots of food made by the world's best chef - my mum and shopping for clothes, sweets and spices. We thank everyone for their hospitality and blessings. They say you never know the true value of a moment until it becomes a memory. We loved spending every moment and made loads of memories with everyone. We will treasure it forever. Until next time!

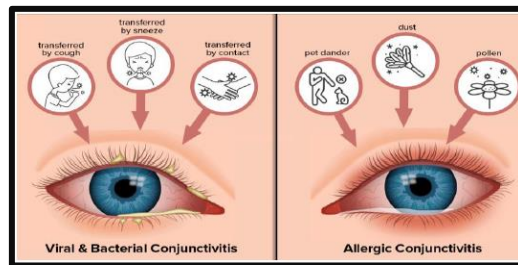


## UNDERSTANDING AND PREVENTING EYE- FLU OR PINK EYE

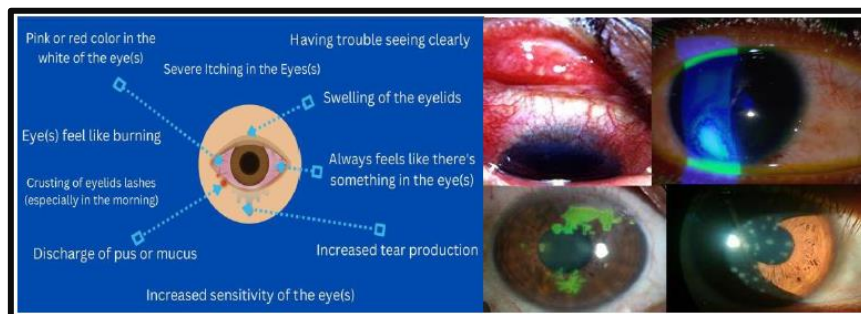
✍️ Rtn. Dr. Prashant Bawankule

✍️ Dr. Deepti Talele

Pink eye or conjunctivitis refers to the infection or inflammation of protective cover of the eye. The pink eye is also called as Eye-Flu. Infection can be caused by bacteria, fungi or viruses.

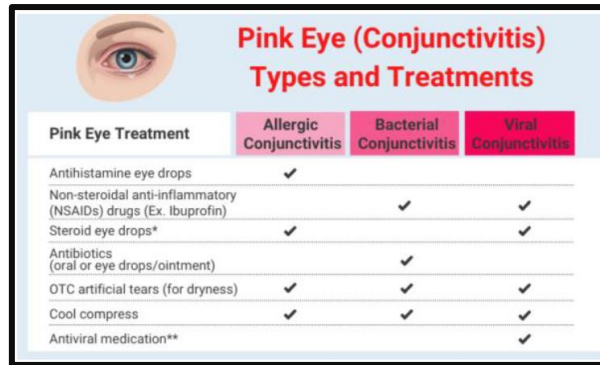


The humid weather offers a favourable environment for bacteria, fungi and viruses to grow and spread. There is tremendous surge in conjunctivitis cases after heavy rains. The humid, cloudy weather along with increase in flies, especially fruit-flies contributes to the rise in cases. It affects all age groups and almost 30% cases present in severe stages. Viral conjunctivitis is eye-to-eye contact which is a very common misconception. It spreads by direct hand-to-hand contact with infected person, if not cleaned properly. Sharing contaminated towels, handkerchiefs, pillows, bed sheets, utensils along with eye drops can also spread the conjunctivitis.



Common symptoms of viral conjunctivitis include eye lid swelling, redness, discharge and pain. Some percentage of patients may experience blur vision in cases of severe or complicated conjunctivitis. Currently, patients of conjunctivitis are also experiencing flu-like symptoms. These may include cough, cold, fever and sore throat. Mild cases resolve within a span 7-10 days, but severe cases take 2-3 weeks for complete recovery through pink eye, patients might experience dry eyes for quite some time. Dry eyes are most common complication of conjunctivitis.





**Pink Eye (Conjunctivitis) Types and Treatments**

Pink Eye Treatment	Allergic Conjunctivitis	Bacterial Conjunctivitis	Viral Conjunctivitis
Antihistamine eye drops	✓		
Non-steroidal anti-inflammatory (NSAIDs) drugs (Ex. Ibuprofen)		✓	✓
Steroid eye drops*	✓		✓
Antibiotics (oral or eye drops/ointment)		✓	
OTC artificial tears (for dryness)	✓	✓	✓
Cool compress	✓	✓	✓
Antiviral medication**			✓

Conjunctivitis treatment includes use of appropriate antibiotic- steroid eye drops, copious lubricating eye drops and oral painkillers. It is very important to treat viral conjunctivitis and sore throat-flu together. It is advisable to start warm salt water gargles or betadine water gargles to relieve sore throat pain. Frequent hand wash with soap and water at work places, schools and contaminated places is the key factor. It is also important to keep our surroundings clean to avoid nuisance of flies and fruit-flies.




Once a family a member gets infected by conjunctivitis, if not treated properly can spread conjunctivitis to every single member in the family. Usually, school going children, office workers or people who work in crowded areas are at high risk of catching conjunctivitis, even if a single colleague or co-worker is affected by same. It forms a chain of conjunctivitis. Frequent hand wash, use of hand sanitizer, identification of contaminated person and maintaining hygiene are the chain-breaker points. Before leaving house, one should carry a pair of protective glasses and hand sanitizers to avoid cross-contamination. Home remedies like putting onion juice, castor oil, ghee, cold water inside the eye are strictly discouraged. It is very important to visit your nearest ophthalmologist for treatment to avoid serious complications.

Triad of avoiding to get conjunctivitis, proper medical treatment through the ophthalmologist and post recovery management of dry eyes are pearl-points in this period.

Dr Prashant Bawankule  
 Director, Sarakshi Netralaya,  
 Chairman, All India Ophthalmic Society

Dr Deepti Talele  
 Nagpur Cornea & Refractive surgeon  
 Sarakshi Netralaya, Nagpur

## A FLASHBACK INTO THE PAST

 Rtn. CMDE. Uday Chitnavis

The year was 1989, I as a young Commander had assumed command of one of our latest HDW submarines INS Shishumar, where I had been it is commissioning Executive Officer (Second in Command). It was indeed a very prestigious appointment.

The crew of the submarine were a little over 30 Officers and Sailors, who were all very motivated and keen to carry out the assigned tasks. The initial few months after I had assumed command we exercised regularly with the Fleet ships, Anti submarine helicopters, Maritime Reconnaissance Aircrafts and honed our skills. As is the practice of the navy's world over. It was not long before we were designated to go on a forward deployment against our adversary which was to be over 45 days.

It was indeed a proud moment, when we set sail after having done the necessary preparations of stocking up logistically as well as ensuring our onboard systems are fully operational and the weapons in all readiness. The spirit and dedication of the crew in getting the submarine ready was something to be observed and felt. We were all gearing to go.

On the day of the departure, the Operations Officer of the Submarine Squadron came and gave us the orders for our deployment in a sealed envelope, which would tell us the area where we were to go, the duration, the tasks assigned etc. These orders are very explicit giving us a lot of details of the threat perspective, the general maritime activity in the area. These orders can only be opened by the Commanding Officer when the submarine is at sea.

The submarines normally leave harbour under the cover of darkness, and with its limited speed the conventional submarine proceeds slowly. That day it took us well over an hour and half to leave the harbour. As soon as we reached the area where we had sufficient depth to dive, we proceeded to dive. Hereinafter we were to remain dived for the entire duration of the forward deployment. Coming up only either to charge the batteries which was mostly at night in near no moon conditions, or else to have a view through the periscope to investigate contacts, which must be very discrete.

The Navigating Officer by then had worked out as to how we would proceed to our deployment area proceeding dived by the day and coming up to periscope depth at night (to charge batteries). Soon the entire crew settled down to the routine and went about our tasks. For a submarine it is of vital importance that its noise signature is minimum, so the crew goes into a watch system wherein only about one third of the crew is on watch at their posts whilst the balance is resting in their bunks. The crew also changed over to a body clock cycle to staying awake at night when evolutions such as battery charging are conducted when the submarine is most vulnerable.

We were all very eager to be in our area allotted to us and commence the task of gathering intelligence (Electronic, Radar, Sonar, Communication, as well as any visual data). It took us several days to reach our area and we settled down to our routine. We came up to periscope depth as required either to sight a ship or boat whose sonar signature we had picked up and link the same. This had to be discreetly so that no one detects our presence in the area. We would also receive messages from the Naval Headquarters giving us their inputs. The submarine however remained totally silent.

A few days after we were in the area on patrol, we were lucky to pick up sonar transmissions and propeller noise of two brand new ships and some more units of the adversary leaving harbour. (These brand-new ships were probably a largess of the Americans for being in their alliance). The entire crew was very alert and to their assigned tasks of collecting data. This process was on for several days and required the submarine to come up to periscope depth frequently.

During the period, the submarine was shadowing the units we had to be careful and alert that we were not detected. One day we saw a frenzy of activity on these ships as the ships started coming in our direction, realising that they were coming towards our last known position we dived deep and took evasive action. The sea is a great medium and it is advantageous to the submarine. After we had spent several hours in the deep, we were convinced that the ships had gone extremely far we heard underwater weapons explosion. We realised that in all probability they had picked up suspicious underwater contact and had conducted this action.

Our submarine remained in the vicinity and monitored their activity. At the next opportunity when we were receiving messages from our Headquarter, we were asked to terminate our patrol and return to the base port. Although we were disappointed, we commenced our return passage back. We had cut short our patrol by several days.

On our arrival in the base port, we learnt that the adversary had at short notice planned underwater weapon firing in the vicinity of our patrol area and promulgated the same as per international rules, the naval staff being concerned about our safety had terminated the patrol. Me and my crew were in way lucky. A lot of questions were also asked by the staff. Looking for a submarine is like searching for a needle in the haystack.

Being at the helm of affairs on the submarine I had a lot of Pride and Confidence in my crew. It was a forward deployment which me and my crew would remember for a very long time.

Submarines and Ships today are getting increasingly sophisticated, silent and with these advancements the cat and mouse game would continue.

## KUCH PRASHNA ROTARY KE

1. From this edition of Vision Fort, we are starting a new column, **KUCH PRASHNA ROTARY KE**, a quiz about Rotary.
2. Two questions about Rotary will be asked in every edition, till the May'24 edition.
3. The answers to the question are to be put up in WhatsApp group of Rotary Family Fun.
4. Time limit is 10 hrs. of 6<sup>th</sup> of the month.
5. The competition is open to all Rotarians and Anns of RCNF, except the editorial team (23-24) of Vision Fort.
6. Each person is to answer only once in the WA group.
7. Correct answers will be published at 11 hrs., on 6<sup>th</sup> of the month in WA group of Rotary Family Fun and also in the following edition of Vision Fort.
8. Whoever gets the correct answer maximum number of times, (till May'24) will be rewarded.

### *The questions for August Month are:*



1. The alongside is a photograph of the first four Rotarians.  
Who is the fifth Rotarian?

2. Which is the first Rotary Club in India?

## UPCOMING RCNF ENGAGEMENTS



The poster features a person's legs in blue and yellow running shoes on a paved path. Logos for Swasthyan, Vascular Day 2023, Rotary Club of Nagpur Fort, and Rotary Society of India are at the top. A QR code and a 'Walk a Mile to Live with the Smile' logo are at the bottom right.

**#WALKATHON**

**Join India's Amputation Free Drive.**

Date - 6th August 2023 | Sunday  
Time - 6 : 30 am

Participants will get  
(Only for First 300 Registration)

- T-shirts
- &
- Umbrella

Registration link:  
<https://cutt.ly/CwpXu9b0>

Venue - Walker's Street, Civil Lines, Nagpur

Contact for any inquiries - 80870 09209 | 80870 36896

- Club's 2<sup>nd</sup> Regular Meeting on 4<sup>th</sup> of August'23.
- Walkathon on 6<sup>th</sup> of August '23
- Address on 'Good Touch, Bad Touch' at Navyug Vidyalaya on 12<sup>th</sup> August'23
- Installation of Interact Club at Pandit Bachharaj School
- Installation of a new Rotaract Club
- An eye check-up camp at Navyug Vidyalaya
- Club's 3<sup>rd</sup> Regular meeting on 18<sup>th</sup> of July'23
- Project 'Prerana' every Saturday.

PP. Rtn. Anil Ambatkar from his knee surgery.

PP. Rtn. Vasant Dharkar from his angioplasty.

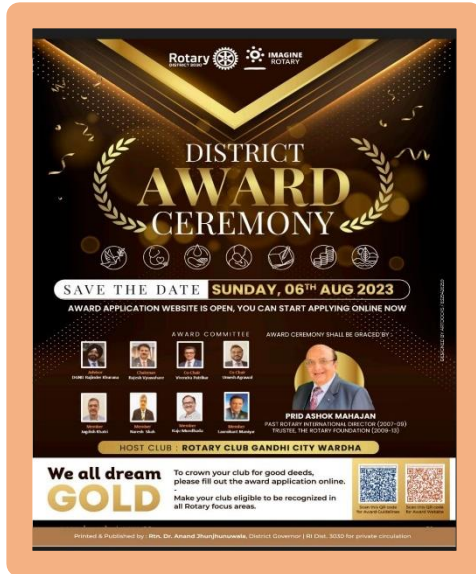
PP. Rtn. Vishakha Rao from viral.

Mamta Muthal from asthma ailments.

**We're all thinking  
about you and  
wishing you a fast  
recovery.**



## UPCOMING DISTRICT ENGAGEMENTS



Event - DISTRICT AWARD CEREMONY.

The details of the events are as follows-

At Wardha

Sunday, 6th August 23

Hosted by RC Gandhi City Wardha

Timing - 9 am to 4 pm

Convenor – PP Asif Zahid, 9822223233

Host Club President – Rtn Manoj Mohta, 9923402582

Event – RLI PART 1 & 2

The details of the events are as follows-

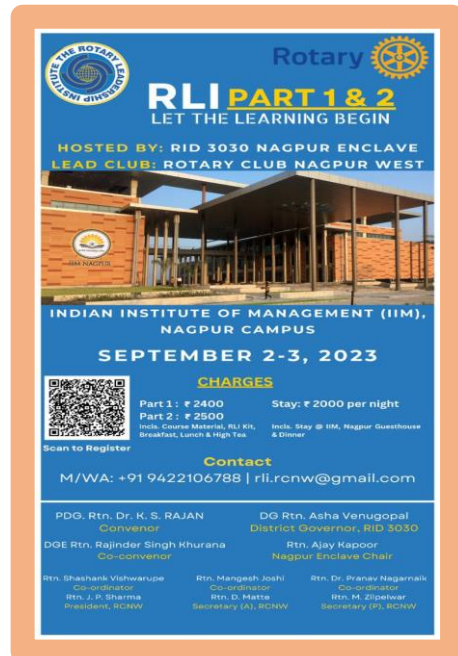
At - IIM Nagpur campus

On – 2<sup>nd</sup> & 3<sup>rd</sup> September

Hosted by RC Nagpur West

Contact Person - PP Rtn Mangesh Joshi

RC Nagpur West





01st: Ann Asha Vaid

08th: Rtn. Manish Gupta

12th: Ann Asha Naranje

19th: Ann Pratibha Kulkarni

24th: Rtn. Dr. Viraj  
Shingade

26th: Ann Dr. Urmila  
Dahake

28th: Rtn. CMDE Uday  
Chitnavis

### *An Appeal*

The editorial team intends to bring out Vision Fort by 5th of every month. This would be feasible only if you all can send in your inputs latest by 25th of the current month. Please do adhere to the time line and support our effort!

### *Caution*

'Vision Fort' is strictly intended for private circulation only

